

# BULGARIA

## Health status



Almost 6 years below the EU average

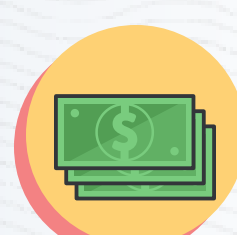
### Life expectancy at birth

The second lowest in the EU

### 71.7 years Life expectancy

### Health system

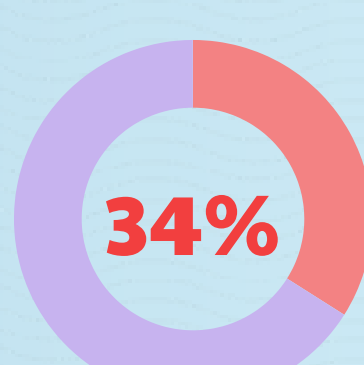
In 2015, Bulgaria spent EUR 1 117 per head on health care



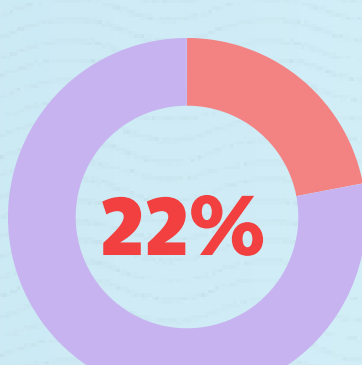
### The health status

Of people in Bulgaria has improved more slowly than in other EU countries

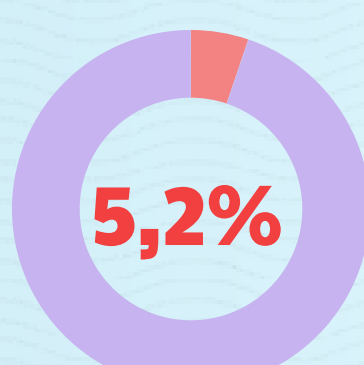
## BULGARIA TOP 10 CAUSES OF DEATH



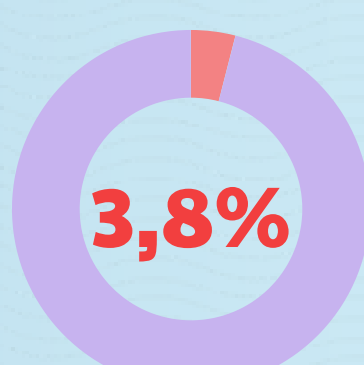
Coronary Heart Disease



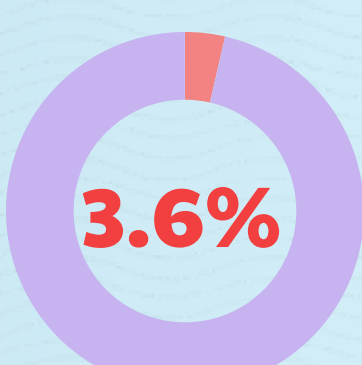
Stroke



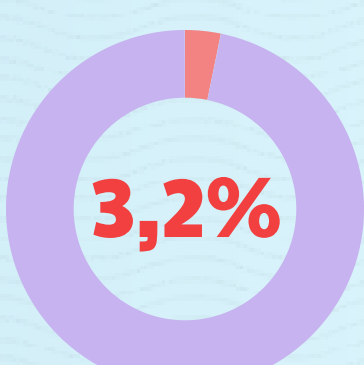
Hypertension



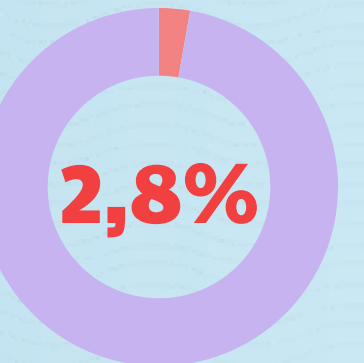
Alzheimers Dementia



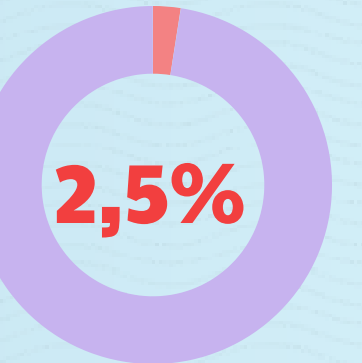
Lung Cancers



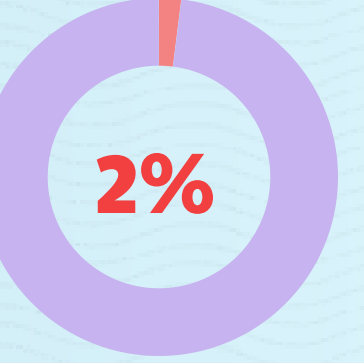
Lung Disease



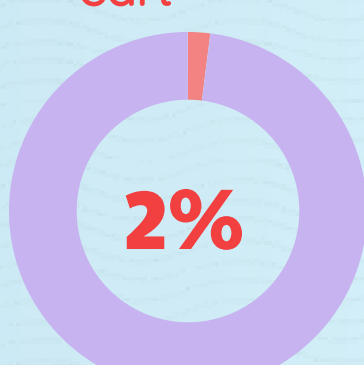
Colon-Rectum Cancers



Inflammatory/Heart



Diabetes Mellitus



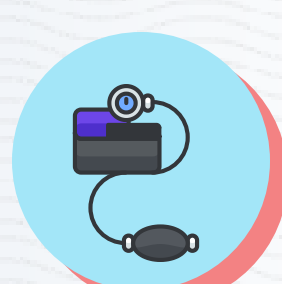
Liver Disease

## BULGARIAN WORST INDICATORS

**Inflammatory/Heart 9th in the world**



**Hypertension 11th in the world**



**Colon-Rectum Cancers 11th in the world**

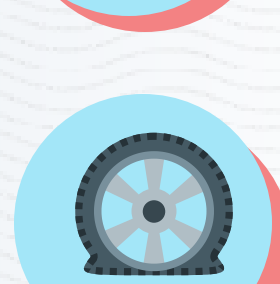


## BULGARIAN BEST INDICATORS

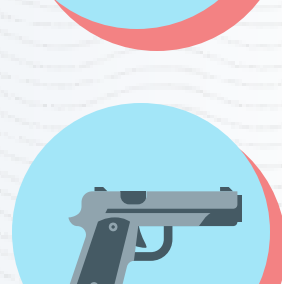
**Diabetes Mellitus 145th in the world**



**Road Traffic Accidents 150th in the world**



**Violence 156th in the world**



## Risk Factors

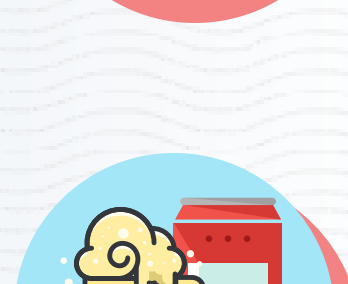
Obesity levels are low, but climbing among male adolescents. Although adult obesity levels are below the EU average, they have risen by 25% since 2008.



The prevalence of smoking in the Bulgarian population is the highest in the EU, and nearly seven percentage points above the EU average. No less than 28% of the adult population, including more than one in three (35%) men, are daily smokers.



Per capita alcohol consumption is the fifth highest in the EU. Bulgarians consumed more than 12 litres of alcohol per head in 2014, exceeding the EU average by more than 2 litres.



Data: <https://www.worldlifeexpectancy.com/country-health-profile/bulgaria>  
OECD/European Observatory on Health Systems and Policies (2017), Bulgaria: Country Health Profile 2017, State of Health in the EU, OECD Publishing, Paris/European Observatory on Health Systems and Policies, Brussels.