

# 5 THINGS TO DO IN BULGARIA



## 1. TAKE OUT YOUR SHOES WHEN ENTERING HOME

people traditionally remove their shoes and either walk barefoot or wear indoor slippers at home, especially in winter. Most people in Bulgaria will take off their shoes at home and will expect visitors to do so, unless it is a formal meeting or a social event.



## 2. GIVE BONBONS IN YOUR BIRTHDAY AND NAME DAY

When you have birthday or name day, you are expected to give bonbons to friends relatives and even coworkers, you should offer the tray for them to pick up one and wish you a happy birthday



## 3. WHEN YOU'RE FRIGHTENED, SPIT IN YOUR BOSOM

When someone has been frightened, but nothing bad has happened, they might symbolically spit in their bosom. This act is believed to calm them down, but the origin of the gesture seems to have been lost in time.



## 4. WHEN GIVING FLOWERS MAKE SURE IS AN AN ODD NUMBER

If you are giving flowers as a present, make sure you send an ODD number (i.e 1, 3, 5, etc.). An even number means bad luck. Even numbers are used in funerals.



## 5. DO NOT GO VISIT WITH EMPTY HANDS

when Bulgarian invite you to their home, they will never tell you to bring something (they consider rude to ask a guest to bring something) but at the same time, they will appreciate if you bring something with you, a bottle of wine, sweets for kids or flowers if is a woman host will make a good impression.